



06/05/2013

The Member of the Executive Council (MEC) for Sport, Arts, Culture and Recreation, Mr Dan Kgothule, committed himself to supporting the two provincial National First Division (NFD) teams, Roses United and African Warriors, to perform at an optimal level as full professional teams. This support follows on the support that is already been provided to the other two provincial Professional Soccer League (PSL) teams, Bloemfontein Celtic and Free State Stars, as well as Toyota Cheetahs rugby team.

Roses United consistently utilizes the facilities of the Free State Sport Science Institution (FSSSI) for High Performance training in Bloemfontein and African Warriors receives the same training at the Department's Local Talent Development Center (LTDC) and District High Performance Centre (DHPC) in Qwa Qwa.

Following the commitment of Mr Kgothule, the two teams are being assisted by the Department in terms of High Performance training, conditioning and capacity building. The Department also purchased training attire, playing attire as well as training equipment for the teams.

Mr Kgothule has initiated a partnership with the University of the Free State with the objective of providing sport science support to Free State based sport clubs such as these two. "It is incumbent upon our teams to fully make use the facilities that we have in the province where we provide sport science and high performance services to teams", said Mr Kgothule.

The following equipment and attire has been procured for the two teams as per the needs identified by them:

1.1 TRAINING EQUIPMENT

Team	Roses	Warriors	
Description	Quantity	Quantity	Total
• Cones	50	100	150
• Markers (flat cones) – x50 of four different colours except green.		200	200
• Size 5 quality FIFA approved match balls	45	45	90
• Medium speed ladders	20	5	25
• Large speed ladders		5	5
• Agility pole	16	40	56
• Short resistant bands	20	15	35
• Long resistant bands		15	15
• Weighted vest	20	30	50
• Parachute		30	30
• Foam rollers	20	30	50

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• Short hurdles	20	48	68
• High hurdles		48	48
• Wrist stop watch		5	5
• Neck stop watch	5	5	10
• Whistles		5	5
• Corner flag		8	8 sets
• Nets		8 (4sets)	8 (4sets)
• Water bottles		59	59
• Water bobble holder		8 holders	8 holders
• Large cooler box with rolling wheels		2	2
• 5kg Medicine balls		5	5
• Coaching Board	3		3

1.2 TRAINING ATTIRE

Description	Roses	Warriors	Total
• Royal blue & red jersey		36	36
• Royal blue & red shorts		36	36
• Navy blue & blue jersey		35	35
• Navy blue & blue shorts		32	32
• Red & White jersey	34		34
• Red & White shorts	36		36
• Red & White socks	18		18

1.3 PLAYING ATTIRE (home & away)

Description		Quantity	Total
• Royal blue & white jersey		25	25
• Royal blue & white shorts		26	26
• Red & White jersey	26		26
• Red & White shorts	26		26
• Red & White socks	26		26
• White & Red Jersey	26		26
• White & Red Shorts	24		24
• White & Red Socks	26		26
• Black & yellow long goal keeper jersey	4		4
• Green & black short goal keeper jersey	4		4
• Black Socks	8		8

“Hopefully this attire and equipment as well as the sport science support we provide to the teams will assist the two teams to up the ante in their quest to reach the highest level of soccer competition in the country”, concluded Mr Kgothule.

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The procured sport equipment and attire will be handed over to the two teams on the date to be soon announced.

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